

The Old Smithy Lunch Menu

available Mon-Sat (12-5pm)

Sandwiches and Wraps

Choose from: white bread, seeded batch, granary baguette, toasted ciabatta or a wrap

Melted brie, bacon, cranberry and rocket (bacon optional)

Chicken, spring onion, bacon and mayonnaise

Mature cheddar and chutney

Beer battered cod goujons, tartare sauce and watercress

Prawns, Marie rose sauce and lettuce

Beef Brisket shredded, mixed with wholegrain mustard, mayonnaise and rocket

Sandwiches and wraps are served with dressed leaves and a few chips or fries £5.75 (GFA)

To Begin

Soup of the Day (GFA)

Bowl of homemade soup with warm baked bread £4.75

Old Fashioned Whitebait

Deep fried, served with dressed salad, tartare sauce and lemon wedge £5.50

Chicken Liver Pate (GFA)

Chicken liver and smoked bacon pate flavoured with brandy, shallots served with toast and chutney £6.50

Field Mushrooms Sliced and Coated in Panko Bread Crumb

Served with dressed leaves and a paprika and garlic mayonnaise £6

Mussels (GFA)

Cooked with cider, shallots, garlic and fresh parsley, served with crusty bread £6.50

King Prawns (GF)

Pan fried with pancetta, garlic and cream on a bed of spinach £7

Mains

Beer Battered Cod

With hand cut chips, garden or mushy peas, tartare sauce and lemon wedge small £10/regular £14

Slow Cooked Lamb Shank (GF)

Served on a bed of creamy mash with a minted red wine jus £16

Beef and Pork Lasagne

With dressed salad and garlic bread £10

Chicken Supreme (GF)

Filled with stilton and walnuts, wrapped in streaky smoked bacon, Dauphinoise potatoes, with a roasted red pepper and tomato sauce with a hint of chilli £13

Beef and Guinness Pie

Slow cooked locally sourced beef, button mushrooms, Guinness served in a mushroom short crust pastry and hand cut chips £13

Shared Starters or Mains

Whole Baked Camembert (GFA)

Studded with rosemary and garlic served with celery sticks, Autumn chutney, Artisan bread and a trio of flavoured butters £10

Sizzling Duck Legs (confit) (GFA)

Served with hoisin sauce, pancakes, shredded spring onion and cucumber £13

Fish Sharer

Garlic king prawns, calamari rings, smoked salmon, mackerel pate, whitebait, served with 3 dips and baked breads £15

Breads (GFA)

Selection of breads with balsamic vinegar and olive oil £4 per person

Olives (GF)

Mixed olives and feta cheese £4 per bowl

Mains

Rib-eye Steak (GFA)

Local sourced rib of beef with vine tomato, flat mushroom, caramelised shallot and hand cut chips £16

Roast of the Day (GFA)

With seasonal vegetables and roast potatoes - small £9/regular £13

Grilled Cod Fillet (GFA)

With a chorizo and herb crust, on crushed new potatoes and a watercress sauce £14

Seabass (GF)

Pan fried sat on a bed of glass noodles in a fragrant Thai broth £15

Calves Livers and Mash (GFA)

With crispy smoked bacon, fried onions and a red wine jus £14

Sweet Potato Spaghetti (V)(GF)

With roasted vegetables and roasted pine nuts with a pesto and pecorino rocket salad £13

Chef's Homemade Beef Burger

With crispy smoked bacon, tomato, cos lettuce, melted mature cheddar, homemade chutney and a bucket of hand cut chips £10

Seafood Pie

Selection of fresh fish and shellfish, herbs and cream, topped with mash potato and served with crusty bread and spinach £15

Braised Beef Brisket (GFA)

With roasted root vegetables, fondant potato and red wine reduction £15

Stuffed Field Mushrooms (V)(GFA)

Baked with sautéed leeks, cheddar and parmesan cheese, wilted spinach, tomato sauce and a bucket of thin fries £12

Side Orders (All priced at £2.50)

Beer battered onion rings, creamed spinach, sautéed mushrooms, extra vegetables, extra potatoes, (chips, thin fries, mash, new, Dauphinoise), braised red cabbage, mixed salad

Sauces to accompany your steak: (All priced at £2.50)

Béarnaise, Peppercorn, Blue Cheese

All our meals are freshly cooked to order so busy service this may take slightly longer.

All weights are approximate pre-cooked weights.

Please be aware some meals may contain nuts and other allergens. If you have allergies or intolerances please inform a member of staff before placing your order.

GFA – This dish can be gluten free. GF – This dish is gluten free. Please note any fried products will not be gluten free

