

# The Old Smithy Lunch Menu

## Sandwiches

Choose from: White Bread, Seeded Batch or Baguette

Chicken, Spring Onion, Bacon & Mayonnaise

Mature Cheddar & Chutney

Beer Battered Cod Goujons, Tartare Sauce

Prawns, Marie Rose Sauce & Lettuce

Warm Beef with or without Stilton

**Sandwiches are served with Dressed Leaves and a few Chips or Fries £6 GFA**

## To Begin

### **Soup of the Day (GFA)**

Bowl of Homemade Soup & warm baked Bread £5

### **Seafood Parcel**

Smoked Salmon filled with Prawns, Crab & Dill Cream Cheese, Dressed Leaves & Citrus Dressing £8

### **Button Mushrooms (VA)**

Sautéed with Shallots, White Wine & Garlic Cream, topped with Bacon, Black Pudding & Verde Crumb £6.50

### **Halloumi Skewer (V)**

Cherry Tomatoes, Courgette & Mushroom, Sweet Chilli Dip £6

### **Old Fashioned Whitebait**

Deep Fried, served with Dressed Salad, Tartare Sauce & Lemon Wedge £6

## Paninis

Chicken, Bacon & Spring Onion

Bacon, Brie & Tomato

Tandoori Chicken, Red Onion & Mint Yogurt

All served with thin Fries & Dressed Leaves £6.50

## Sharing Boards

### **Smithy Sharer**

Chicken Goujons, Crispy Spiced Beef, Chipolatas, Tandoori Chicken, Breaded Camembert & Crusty Bread £15

### **Fish Sharer**

Breaded King Prawns, Salt & Pepper Squid, Smoked Salmon, Cajun Cod & Devilled Whitebait, three Dips & Baked Breads £15

## Mains

### **8oz Rib-eye Steak £16 - 8oz Fillet Steak £22 (GFA)**

A 28 day aged & locally sourced, served with Tomato, Portobello Mushroom, Caramelised Shallot & Hand Cut Chips

### **Roast of the Day (GFA)**

Yorkshire Pudding, Roast Potatoes & Gravy - small £11/regular £14

### **The Old Smithy Pie**

Served with Honey Roasted Carrots, Peas & Hand Cut Chips £14

### **Chef's Homemade Beef Burger**

With Crispy Bacon, Tomato, Cos Lettuce, melted Mature Cheddar, Homemade Chutney & hand cut Chips £10

### **Marinated Chicken Supreme (GF)**

Oven Roasted served with Dauphinoise Potatoes & Wild Mushroom Sauce £14

### **Fillet of Beef Stroganoff (GFA)**

Strips of Beef Fillet cooked with Mushrooms, Brandy, Paprika, French Mustard, touch of Red Wine & Cream served with Rice or Chips £15

### **Duo of Lamb (GF)**

Slow Cooked Rump, Savoury Bon Bon with Creamed Mashed Potato, Roasted Vegetables & a Rosemary & Redcurrant Jus £16

## Salads

### **Piri Piri Chicken**

Spiced Chicken Breast served Hot with Sautéed new Potatoes, Old Smithy House Salad & Dressing £14

### **Goats Cheese, Asparagus & Spring Onion Tart**

Served in a Pastry Case with a House Salad £14

### **Crab and Avocado**

Served with Crusty Bread & a House Salad £16

## Mains

### **Beer Battered or Grilled Cod & Butter**

With hand cut Chips, Garden or Mushy Peas - small £11/regular £14

### **Wild Seabass Fillet (GFA)**

Pan-fried & served on a bed of Samphire, Sundried Tomatoes, Chorizo & Sautéed New Potatoes with Garlic £15

### **Seafood Pie (GFA)**

Selection of fresh Fish, Shellfish, Herbs & Cream, topped with Mashed Potato & served with Buttered Peas £15

### **Side Orders (All priced at £2.50)**

Beer battered onion rings, spinach, sautéed mushrooms, extra vegetables, extra potatoes, (chips, thin fries, mash, new, Dauphinoise), mixed salad

### **Sauces to accompany your steak: (All priced at £2.50)**

Béarnaise, Peppercorn, Blue Cheese

All our meals are freshly cooked to order so at busy service this may take slightly longer.

All weights are approximate pre-cooked weights.

**Please be aware some meals may contain nuts and other allergens. If you have allergies or intolerances please inform a member of staff before placing your order.**

GFA – This dish can be gluten free. GF – This dish is gluten free. Please note any fried products will not be gluten free

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